

# INFO PACK



The Clear Alternative to Braces

## What you need to know about the Invisalign System

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Discover how it works, its benefits, what the treatment process is like, what it's like living with Invisalign clear aligners, and some of the common teeth straightening issues that the Invisalign System can help treat.



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# What is Invisalign?

The Invisalign System is a virtually invisible treatment that uses an innovative approach to effectively straighten teeth. Invisalign treatment uses a series of custom-made removable aligners with unique SmartForce technology that gradually moves your teeth to the ideal position.



# How does the Invisalign System work?

Here's an overview of the Invisalign treatment process:

## STEP 1

Initially, your Invisalign-trained doctor will take photos, X-rays, and digital scans or a dental impression to help create your treatment plan.



## STEP 2

The maker of Invisalign clear aligners will then use these records, along with the treatment prescribed by your doctor to create a customised 3D treatment plan just for you. With the treatment plan, you'll be able to see the final position your teeth are predicted to reach after treatment. This treatment plan is used to develop your customised aligners and also estimate the likely length of your treatment.

## STEP 3

The customised aligners will be manufactured and shipped to your doctor's office.





## STEP 4

Your series of custom-made aligners will be given to you (typically 3-4 sets at a time) for you to wear everyday and change them at home every 2 weeks.

## STEP 5

You'll be visiting your Invisalign-trained doctor approximately every 6-8 weeks to monitor the progress of your treatment and receive the next series of aligners.




## STEP 6

After you've finished your Invisalign aligner treatment, you may need to use retainers to help make sure the new position of your teeth is maintained.

# Life with Invisalign

See what it's like living with the Invisalign System and how it fits into your life.



With Invisalign treatment, it's easy to make your smile picture-perfect for that special occasion.

Since Invisalign clear aligners are barely noticeable, you can be yourself and don't have to hide your smile while going through treatment.

Invisalign treatment appointments work with your schedule. Most visits are in-and-out, with a quick progress check once every 6-8 weeks.

Lead an active lifestyle? Invisalign treatment lets you continue wearing your aligners without having to worry about sharp brackets cutting your mouth.

Craving a snack? No problem. Since Invisalign clear aligners are removable, you have the freedom to eat, chew and drink whatever you like.

Oral hygiene is a lot easier to upkeep because Invisalign clear aligners are removable, letting you brush and floss your teeth regularly.

# Advantages

Here are some of the many advantages of the Invisalign System:



- Invisalign aligners are removable, so it is easier to clean your teeth and maintain your oral health during treatment.
- Invisalign treatment may give you visible results from as early as the first month of treatment. Even better, most people won't know you're going through treatment when you're wearing Invisalign clear aligners because they are virtually invisible!
- Got a special occasion coming up? No problem, just take your aligners out for the event and pop them back in when you're done.
- With Invisalign clear aligners, you don't have to worry about doing the sports you want to. Invisalign treatment is a suitable treatment option for an active lifestyle.
- Are you deciding whether to straighten your teeth but feel worried about the discomfort? With innovative SmartForce and SmartTrack technologies, the Invisalign System effectively straightens your teeth predictably and more comfortably.
- Invisalign treatment is ideal for your busy schedule, with doctor visits only require approximately every 6-8 weeks. That means you can spend more time doing the things that are important to you.



# Treatable Cases

Many think that Invisalign aligners only work for minor teeth straightening issues, but the Invisalign System can also be used to treat a range of moderate to severe teeth straightening issues such as:



## **Overcrowded teeth**

This occurs when there is a lack of room within your jaw for all of your teeth to fit normally.



## **Widely spaced teeth**

The opposite of overcrowded teeth, widely spaced teeth occur when you have extra space within your jaw due to small-sized teeth, abnormal growth of the jawbones, genetics, missing teeth, and/or tongue protrusion.



## **Crossbite**

This occurs when the upper and lower jaws are misaligned.



## **Overbite**

This occurs when the upper teeth bite over the lower teeth.



## **Underbite**

The opposite of overbite, underbite occurs when the lower teeth protrude past the upper front teeth.



# Get started on your Invisalign treatment



We are Invisalign-trained and can help you achieve a confident, beautiful smile.

Contact us and find out if Invisalign treatment is right for you!